



## The 'Upton Meadows Way' Curriculum

### Overview of Content

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
All Year Groups from EYFS to Y6	Explicit teaching of the full 'Upton Meadows Way' curriculum content Core Value Respect Focus 'Value of the Term'	Ongoing revision of content  Focus 'Value of the Term'	Longer recap of 'Upton Meadows Way' curriculum  Focus 'Value of the Term'	Ongoing revision of content  Focus 'Value of the Term'	Longer recap of 'Upton Meadows Way' curriculum  Focus 'Value of the Term'	Ongoing revision of content  Focus 'Value of the Term'

## **Introduction**

At Upton Meadows, our vision is to develop well rounded, confident and responsible individuals who aspire to achieve their full potential. We aim to encourage children to understand the need for high standards in all aspects of school life – work, play, relationships and behaviour, and to take pride in all they do. In order to develop within every child respect and a sense of responsibility for themselves, each other, property, the wider community and the environment, we have produced the ‘Upton Meadows Way’ curriculum in which we define the behaviours and habits that we expect students to demonstrate. We want to support our pupils to grow into adults who are polite, respectful, grateful and who put others before themselves. We believe that as pupils practise these behaviours, over time they become automatic routines that positively shape how they feel about themselves and how other people perceive them. “We are what we repeatedly do. Excellence then, is not an act, but a habit.” (Paul Durant, 1926)

## **Teaching the curriculum**

The curriculum is taught explicitly during the first week in Autumn term alongside your typical National Curriculum subjects and timetable. Children should learn the content of the curriculum so that they can recall the information and act upon it. At the start of each term, the ‘Upton Meadows Way’ curriculum is revisited with pupils and will continue to be reinforced throughout the year. As with other curriculum content, this should be taught using explicit teaching based on the ten principles of instruction from Barak Rosenshine including regular quizzing to check and strengthen retention. Teachers will also demonstrate these behaviours and ensure pupils have time to practise these (particularly in the first few days of term). For example, a lining up order should be taught in the classroom but must be reinforced in different locations and times throughout the school day e.g. at lunchtime. It is expected that all pupils will know this content. As Paul Dix says in ‘After the Adults Change: Achievable Behaviour Nirvana’ (2021), “...students need high expectations, tight routines and essential rules drip-fed over time. Delivering it all at once is as realistic as delivering the entire science curriculum in a double lesson.”

## **Adaptations**

While this curriculum is for all pupils it will be applied differently in different year groups depending on pupils’ ages and may be applied differently depending on individual pupils’ SEND needs. Sensitivity must be applied at all times when teaching the curriculum.

## Curriculum Content

### Curriculum content to be covered in depth in Autumn Term 1 and revisited throughout the year

#### Behaviour

Know that there are three school rules that form the foundations of the 'Upton Meadows Way'. These are to

- **We show respect.** *(always linked to our core value of Respect)*
- **We try our best.**
- **We are kind.**

Know the following examples of these three rules –

We show respect. <i>(always linked to our core value of Respect)</i>	We try our best.	We are kind.
Say please and thank you Hold doors open for adults Talk kindly to other pupils Say good morning/ afternoon to adults Tidying up your own workspace and the classroom Wearing the correct school uniform  If you respect someone, you have a good opinion of their character or ideas.	Sitting still Listening carefully to the teacher Giving the teacher 100% of your attention Working hard on tasks given Being in the right place at the right time Completing homework on time Remembering to bring equipment to school	Treating others as we wish to be treated Being friendly and inclusive to others Using kind words and kind hands Always think 'is it fun for everyone?' Accepting responsibility if you make a mistake and saying sorry

## Our School Values

Our Core Value is **Respect**

Responsibility	Kindness	Courage	Honesty	Co-operation	Perseverance
Being able to be trusted to do the right things that are expected of you without supervision	Being friendly, generous, and considerate and carrying out acts of kindness, even when it is hard	Making good choices in the face of fear or obstacles - we do not let fear hold us back from exploring new opportunities, developing our skills, and doing what is right	Being truthful in what we say and do. It means people can rely on us because we have integrity.	Working together and helping each other to get the job done.	Continuing to do something in spite of finding it hard or challenging. Keeping trying even when we aren't successful the first-time round.

Know that we walk around school using **Fantastic Walking**

Know that Fantastic Walking means -

- facing forwards
- walking at a steady pace
- in a straight line
- without talking
- staying in our line order

Know that we use Fantastic Walking to keep everyone safe in school and to make sure the learning of other children is not disrupted as people move around school.

Know that we are always **ready to learn** when we are in class. This means that we -

- Face forwards, hands still
- Always sit up straight
- Use active listening
- Use magnet eyes

Know that being **ready to learn** means everybody is able to learn without distractions.

Know that we earn dojos for demonstrating our school values – dojos build up for individual, class and house team rewards.  
Know that '100 Square' points are earned for the class (or members of the class) for particularly good work or behaviour.  
Know that pupils who do not follow school rules will have a consequence for this.

### **Manners**

Know that you should always say '**please**' when you are asking for something.  
Know that you should always say '**thank you**' when you receive something or someone does something nice for you.  
Know that you should let any waiting adults through a doorway before walking through yourself.  
Know that you should say 'Good morning/afternoon' to adults if spoken to.  
Know that it is important to show **gratitude** to others by thanking people for what they have done for you.

### **Playtime Behaviour**

Know that you must walk from your classroom to the playground using Fantastic Walking.  
Know that you must play safely without hurting anyone.  
Know that we do not 'play fight' because we may hurt someone by accident.  
Know that you must be **kind**, by including people in your games and sharing equipment.  
Know that someone who is kind behaves in a gentle, caring, and helpful way towards other people.  
Know that, when called, you must line up in your lining up order quickly.

### **Classroom routines**

Know the order that you always line up in.  
Know who you stand in front of and who is behind you.  
Know that you should line up without leaning against the walls while moving around school.  
Know the routine for entering the classroom and getting ready to work.  
Know where you sit in class during lessons.  
Know the routine for handing out exercise books in the classroom.  
Know where to hang up your coat in the pod.  
Know to get equipment out ready for the lesson and to look after it.  
Know how to put your hand up quietly to answer a question or participate in discussion.  
Know that it is important to speak loudly and clearly in class when sharing answers so that everyone can hear.

**Lunchtime**

Know where you line up for lunchtime when you are called.

Know where you sit in the dinner hall during lunchtime.

Know that you should use a quiet voice in the dinner hall.

Know that you should try to use a knife and fork correctly.

Know that you should finish what you are eating before leaving your seat.

Know how to use good manners during lunchtime, particularly when receiving food from the school kitchen and talking to midday supervisors.

**Completing work in books**

Know how to set out work in books according to the Upton Meadows Presentation Policy.

Know to use Kinetic Letters handwriting in all our written work.

Know that each piece of work needs a date and title.

Know how to underline titles.

Know how to correct mistakes by drawing a straight line through your work.

**School Uniform**

Know that school uniform consists of –

Jade green logo sweatshirt/cardigan, navy blue logo polo t-shirts or plain navy blue polo t-shirt, dark grey trousers/skirt/pinafore dress/shorts. Summer dresses may be worn when the weather is appropriate – blue or green only. Headscarves should be white, blue or black.

**Jewellery**

Know that, on health and safety grounds, we do not allow pupils to wear jewellery in school except for earring studs in pierced ears, small objects of religious significance and a watch.

**PE**

Jade green school logo P.E. t-shirt, navy P.E. shorts, navy logo hoodie or plain navy hoodie (jumper or zipped), navy tracksuit bottoms or leggings, trainers suitable for outdoor P.E. (we recommend proper trainers, not plimsolls), Upton drawstring P.E. bags are available to order for Reception and Y1

**End of the day routine**

Know that pupils must stay sat in their chair or carpet space until the adult at the door calls their name.

Know that they must not go home until the teacher has checked that the correct adult is picking them up.

Know that these procedures are put in place to keep all pupils safe at home time.

**Attendance and Punctuality**

Know that you must try to attend school every day.

Know that you must try to arrive at school on time every day.

Know that attending school on time every day is important so that you don't miss important learning.

**Behaviour outside of school**

Know that when you are wearing your school uniform you are representing the school community and must always behave responsibly and respectfully.

Know that you should be considerate of other people arriving and leaving school.

Know that being considerate means thinking about other people's needs, wishes and feelings.